

MetLife Dental ID Card



First District Regional Educational Service Agency

How are claims processed?

Dentists may submit your claims for you which means you have little or no paperwork. You can track your claims online and even receive email alerts when a claim has been processed. If you need a claim form, visit www.metlife.com/dental or request one by calling 1 800 GET-MET8 (1-800-438-6388) or for Alt ID 1-866-832-5756.

Can I get an estimate of what my out-of-pocket expenses will be before receiving a service?

Yes. You can ask for a pretreatment estimate. Your general dentist or specialist usually sends MetLife a plan for your care and requests an estimate of benefits. The estimate helps you prepare for the cost of dental services. We recommend that you request a pre-treatment estimate for services in excess of \$300. Simply have your dentist submit a request online at www.metdental.com or call 1-877-MET-DDS9. You and your dentist will receive a benefit estimate for most procedures while you are still in the office. Actual payments may vary depending upon plan maximums, deductibles, frequency limits and other conditions at time of payment.

		Network: PDP Plus
Employee Name	(SSN)	Employee ID:
First District Regional		
Educ. Service Agency	5947159	
Group Name	Group #:	
To confirm eligibility with participating providers, mention the network above and provide your name and date of birth.		

This card is not a guarantee of coverage or eligibility. See reverse for important plan information.

MetLife Vision benefits are underwritten by Metropolitan Life Insurance Company, New York, NY.

1-800-942-0854

- Virtually 24 hours a day, 7 days a week to confirm eligibility, order claim forms or request dentist directories
- Monday-Friday, 8 a.m. to 11 p.m., Eastern Time, to speak with a live customer service representative
- MetLife Dental Claims P.O. Box 981282 El Paso, TX 79998-1282
- For International Dental Travel Assistance call 1-312-356-5970 (collect)

Visit metlife.com/mybenefits to:

- Locate a participating dentist.
- Verify eligibility and plan design information.
- Review claim status and claim history for your entire family.
- View and print processed claims with one click.
- Obtain claims forms and educational information (including interactive risk assessment).
- Get instant answers to Frequently Asked Questions.

Find participating dentist at: metlife.com/dental
(Network: PDP Plus)