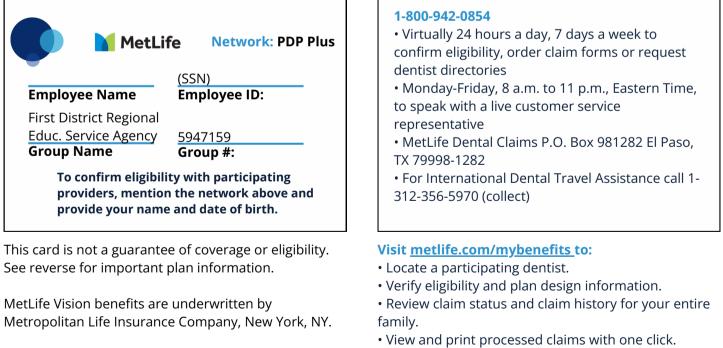
## MetLife Dental ID Card First District Regional Educational Service Agency

## How are claims processed?

Dentists may submit your claims for you which means you have little or no paperwork. You can track your claims online and even receive email alerts when a claim has been processed. If you need a claim form, visit <u>www.metlife.com/dental</u> or request one by calling 1 800 GET-MET8 (1-800-438-6388) or for Alt ID 1-866-832-5756.

## Can I get an estimate of what my out-of-pocket expenses will be before receiving a service?

Yes. You can ask for a pretreatment estimate. Your general dentist or specialist usually sends MetLife a plan for your care and requests an estimate of benefits. The estimate helps you prepare for the cost of dental services. We recommend that you request a pre-treatment estimate for services in excess of \$300. Simply have your dentist submit a request online at <u>www.metdental.com</u> or call 1-877-MET-DDS9. You and your dentist will receive a benefit estimate for most procedures while you are still in the office. Actual payments may vary depending upon plan maximums, deductibles, frequency limits and other conditions at time of payment.



• Obtain claims forms and educational information (including interactive risk assessment).

• Get instant answers to Frequently Asked Questions.

Find participating dentist at: <u>metlife.com/dental</u> (Network: PDP Plus)